

Quick Tools

Educator note: The handouts below mirror the templates used in Section 4 (Tools B, C, E, and F) so learners can carry a single consistent set into clinic.

Quick Tool 1 — 3-Block Visit Map (Time-Pressure Workflow)

- **First 5 minutes (Direction):** What are we doing today, and why? What must be reassessed for safety/progress?
- **Middle block (Work):** What can the patient do independently? What needs coaching? Where can documentation happen?
- **Final minutes (Anchor):** Quick reassess + plan + next visit focus + patient understanding check.

Quick Tool 2 — Real-Patient Reasoning (Messy Data Decision Framework)

- **What they say (goals, concerns):** _____
- **What they do (tolerance, movement, behavior):** _____
- **What doesn't match:** _____
- **One safe next step today:** _____
- **What will be monitored closely:** _____

Quick Tool 3 — Point-of-Service Documentation Plan

- **Where can documentation happen during the visit?** between activities during patient rest breaks during education recap after reassessment
- **What must be captured in the moment?** (objective measures, response to intervention, key education)
- **What can be finished later?** (only what truly requires reflection or system access)
- **One behavior to test next week:** _____

Quick Tool 4 — SBAR Template (Student-to-Supervisor Communication)

- **S (Situation):** I need help with... / I'm calling about...
- **B (Background):** Key history/context (brief, relevant).
- **A (Assessment):** What is being seen/observed and what the learner thinks is happening.
- **R (Recommendation/Request):** I recommend... / Can you confirm... / What next step do you want?